

JOIN EXERCISE IS MEDICINE ON CAMPUS CIRCUIT TRAINING @ TPSS CAMPUS



Wednesdays 12:15-12:45 PM

Location: P4, Room 101

Session 1 Dates: 02/19, 02/26, 03/04, 03/11

Session 2 Dates: 03/25, 04/01, 04/08, 04/15

This program is free to students, faculty, and staff!

Join for a single date or for all sessions!

For more information or disability support, contact

LaKisha.Nickens-Gaither@montgomerycollege.edu

**Exercise
is Medicine[®]
On Campus**

Montgomery College

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